

Sanborn Regional Middle School

Wednesday, January 22, 2020 ~ Today is an **"E"** Day

The program will run on Tuesdays & Thursdays.
You may sign up for one or both days.



Tuesdays: For students and will focus on team building, skills, games and fun. Limit 25

Thursdays: For students and staff who want to improve their strength, flexibility and cardiovascular fitness. Limit 30

See Mrs. Colford or the main office for a permission slip with more information.

➤ AFTER-SCHOOL ACTIVITIES

DATE	January 22 Wednesday	January 23 Thursday	January 24 Friday	January 27 Monday	January 28 Tuesday
Clubs and Activities	Jazz Band 4:00-5:30 SRHS				Intramurals 2:25-3:25
Basketball	BOYS A 4:30-6:00 SRHS BOYS B Season Over GREAT JOB! GIRLS A Season Over GREAT JOB GIRLS B 3:00-4:30 Swasey Bus 203	BOYS A 4:30-6:00 Swasey GIRLS B 3:00-4:30 Swasey Bus 203	BOYS A 3:00-4:30 Swasey Bus 203 GIRLS B PLAYOFF GAME AWAY Amherst Middle 3:30		
Amherst Middle School:					
Cheerleading	*Last Practice* 5:30-6:30 SRHS				

DATES TO KEEP IN MIND

- Wednesday, January 29: Spelling Bee, SRMS Gym, 2:45 PM
- Tuesday, February 4: Winter Sports Awards, SRHS Auditorium, 6:30 PM